

North Shore Soap Factory Laniakea to Pua'ena Swim

Race Day Notes

- Check in & late registration is at Haleiwa Beach Park at the end of Kahalewai Place & corner of Kamehameha Hwy from 7am to 8:40 am. Please put your chip on immediately!
- Parking is available on Kahalewai place & at the parking lot on the Haleiwa side of the beach park. Please do not park in the Red Area on the map & "No Parking" stalls that are reserved for volunteers & sponsors. (Map attached)
- We will shuttle you to the start at Laniakea but you must have a timing chip, body mark of your race # & a swim cap. No chip, cap or body mark, no ride! Finishing without a swim cap is 10-minute time penalty! If you lose your cap during the swim, please explain to one of our officials the reason you lost it so that we may fairly access your situation before issuing a time penalty.
- Important: This is a challenging race; you are responsible for making the decision to swim. There are no refunds. If water patrol deems the course safe, we swim. Check the water, check the surf & be honest about your own fitness & swimming ability before deciding to just "go for it". "If in doubt, don't swim out"...
- Race starts at 9am. Last bus leaves Haleiwa at 8:40am or after last check in/late entry is received.
- There will only be a basic race briefing at the beach UNLESS there is a major change in course or safety issues. You should be familiar with maps & race day notes! Please give me your trash, water bottles, gel wrappers, dogs or anything you cannot swim with at Laniakea! We had a bit of trash on the beach at Chun's. I do not mind taking any trash back to the bus for you.
- Water start behind two 40" buoys, men & women start together
- Course marking buoys are for navigation only but stay outside if you are not familiar with the reefs & surf spots in this area. This rule may change depending of race day conditions in which we may require all swimmers to stay outside of these buoys.
- Once you get near Pua'ena Point (Haleiwa Harbor) keep ALL buoys on your left shoulder except the last finish buoys at the beach which you will swim between.
- Our staff will be in the water at the finish area making sure that you get safely up the beach & across the finish line
- We will be happy to put your valuables at the administration tent during the swim. We cannot guarantee the safety of your items but we will do our best to keep your gear safe, but please keep it to the minimum. Talk to our staff regarding this option. For our Triathlon friends please put your bikes in my trailer but still lock them if possible..
- Awards ceremony on the grass at Haleiwa Beach Park. Enjoy food & beverages courtesy of North Shore Soap Factory!
- Check the Alpha List at www.timelinehawaii.com to make sure you are registered, in the correct age group or just to see where you stand in the Surf n Sea North Shore Swim Series!

If you have questions on race day ask any of our team or a lifeguard. If you decide to not swim or drop out please let an official know so we do not start a SAR plan.

(Maps Below)

Parking Map for NSSF Laniakea to Pua'ena Swim
Race venue is at Haleiwa Beach Park at the corner of Kahalewai & Kamehameha Hwy
Red - NO PARKING area Yellow - OK to park area



Finish Line Map NSSF Laniakea to Pua'ena Swim
Keep all buoys on your LEFT Shoulder except last 4 buoys!
Swim thru last 4 buoys & "water weenies" to avoid rocks at finish line



North Shore Soap Factory Laniakea to Pua'ena Swim Map

