











June 22 2019 1.2 Miles Waimea Bay



July 6, 2019 1.6 Miles Chun's to Waimea Bay



July 20, 2019 1.8 Miles Laniakea to Pua'ena Point



August 3, 2019 2.3 Miles Pipeline to Waimea Bay

ENTRY FEE: \$45.00 per event by postmark date shown below under scissor line.

Early entry for all 5 races is \$190 by May 27, 2019

LATE ENTRIES: \$70.00 for Day of Race sign up or after deadline! No guarantee of t-shirt for late entry. Please enter early! Do not send in entries after mail in date! Early Entry for all 5 races ends May 27, 2019!

MAIL IN ENTRIES: c/o Linda Moran: 94-463 Alapine Street, Waipahu, HI 96797-4515 CHECKS PAYABLE TO: Waikiki Swim Club AWARDS & DIVISIONS: Top 3 men & women, 10 & under, 11-12, 13-14 15-19, standard 5 year age groups thereafter (20-24, 25-29 etc) SWIM CAPS ARE MANDATORY and are provided to registered swimmers at their first NSSS swim of the summer.

NOTE: Swimmers receive only one cap during the series. You may use your own swim cap but bright color caps are highly encouraged. NO PERSONAL ESCORTS ALLOWED

INSTRUCTIONS, rules & maps at www.northshoreswimseries.com

## All races start at 9:00am!

TIME LIMITS: Swimmers must pass the half way point in the Chun's to Waimea, Laniakea to Pua'ena, & North Shore Challenge by 1.5 hours. Swimmers not passing the half way mark in the alloted time will be escorted to shore & are Disqualified. Water Patrol makes the final call on this time period; safety first. If you are not making sufficient progress or are endangering yourself or other swimmers then Water Patrol has the right to pull you from the race.

ASSISTANCE: If you receive assistance from Water Patrol in any way, you must come to the beach & turn in your timing chip. You are disqualified and are not eligible for an award.

EQUIPMENT: No fins, paddles or flotation devices except 'Swim Buddles'.

Swim Suits: Men - 'Speedo' style briefs or 'jammers'. Women - one or two piece shoulder to hip swim suits. No wetsuits, long sleeves, long legs, flotation style suits, triathlon suits or speed suits allowed.

MORE INFORMATION: northshoreswimseries.com · Email: northshoretriathlon@gmail.com · 808-372-8885

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	ARLY ENTRY Aloha Salads or all 5 Races! Summer Sprint		Cholo's Waimea Bay Swim			Keawe Adventures	Total Enclosed		Day of Race		
Enter by Ma	ay 27, 2019	Enter by Jun	ne 1, 2019	Enter by June 15, 2019	Bay Swim Enter by June 29, 2019	Enter by July 12, 2019	Swim Enter by July 27, 2019	Checks payable to 'Waikiki Swim Club'		*No guarantee of t-shirts for late entries or day of race entry	
\$190		\$45 [		\$45	\$45 🗌 \$45 🗌		\$45	\$		\$70	
Last N	lame				First	Name		Sex	Age	D.O.B.	
SM	MD	LG	XL								
T-Shirt Size (Circle One Size)				Phone #		Email	Email				

Release Statement: I AGREE to comply with the rules, regulations, and event instructions of the 2019 North Shore Swim Series . I know that competing in a ocean swim race is hazardous; I am aware of and assume all risks with participating in this event. Lunderstand that competing in the North Shore Swim Series could result in my injury or death. I understand that I must abide by the rules of the North Shore Swim Series, obey water safety personnel, race officials and ocean safety officials of the State of Hawaii, City & County of Honolulu and the United States of America. In consideration of this application being accepted, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against race officials, volunteers, sponsors, Runners Hi. Waikiki Swim Club, North Shore Triathlon, Steve's Gardening, Runners Hi, Aqua Sphere, Kamehameha Schools, Boca Hawaii, the City & County of Honolulu, State of Hawaii & the United States of America resulting from my involvement in this event. I will additionally permit the free use of my name, photograph and interviews in association with this event. I agree to the use of my name, image or reproduction of for broadcast, telecast, web. Internet, websites, advertisements, films, videotapes of any reproduction thereof. I understand there are no refunds and that the North Shore Swim Series race officials reserve the right to refuse service to anyone, for any reason, and transfers of entries are forbidden. I agree not to enter private property associated with the event before the race day.









"Expect More From Your Sunscreen"