

Cholo's Waimea Bay Swim 'Race Day Notes'

- Check in & day of race entry is at Waimea Bay Beach Park from 7:00am to 8:40am.
- Parking: Limited parking at Waimea Bay (free), St Peter & Paul Church (donation to Keiki program) & Waimea Valley (\$20). Your vehicle will get towed if you park illegally at Waimea Beach Park or on Kamehameha Hwy.
- At 'check in' you will receive a timing chip (PUT THIS ON YOUR ANKLE IMMEDIATELY) & get your race number body marked on your upper left arm (this is a backup in case you lose your chip). Put Kokua Sunscreen on AFTER you get body marked!
- You must swim with a cap! No exceptions. We have limited caps for day of race entries. You can use your favorite cap but please try to pick a bright one!
- Wetsuits are not allowed. Swimsuits for men may be briefs, boardshorts or jammers hip to knee. Women's suits maybe one or twopiece shoulder to hip. No fins, hand paddle or other equipment allowed. Sorry but no triathlon speed suits allowed. 'UV' protection suits are OK as long as they do not provide flotation.
- 'Swim Buddies' (personal buoys) are permitted but please make sure it is kept close to your body so it does not tangle with another swimmer.
- Race briefing will be at 8:50am at the east corner of Waimea Bay. Please be on the beach or in the shallow waters so that you may hear this briefing...
- Race starts at 9:00am with Men starting first & women 5 minutes later. These may be adjusted on race day.
- Do not start in the wrong wave or you will be disqualified!
- Water start near the east corner of the Bay (paddle out spot for big Waimea) & lining up behind 2 small orange buoys.
- Stay behind these buoys! The race will not start until all swimmers are fairly lined up behind the start line.
- Course goes west, diagonally across the Bay towards 'Wananapaoa' islet. Swim around this small island going clockwise keeping the island on your RIGHT shoulder. Head east crossing the Bay to a large buoy near 'Pinballs' surf spot & rounding this keeping it on your RIGHT shoulder & heading to the beach & finishing between 2 small buoys in front of the lifeguard tower. Run up the beach crossing timing mats to record your time. No running down the beach, you must swim to the finish line.
- If you lose your timing chip, please let Scott at the 'Time Line Hawaii' tent know so that we may give you an estimated time based on our analog back up system
- Aggressive swimming will not be tolerated! Grabbing or kicking another swimmer may result in banning from future Waikiki Swim Club and North Shore Swim events. Swim with Aloha.
- Water Patrol has the right to pull any swimmer who is deemed a danger to themselves or others.
- **Swimmers** not progressing in a timely & safe manner will be pulled from the race.
- T-Shirts will be distributed at check in. Late shirts, if available, will be handed out after the race.
- Results will be posted at TimeLineHawaii.com
- We will have water, fruit punch, soda, bananas & snacks available post-race.
- The awards ceremony will follow as soon as results are available.
- No transfers of entry without permission of race director and/or Waikiki Swim Club. Swimming using another person's entry/timing chip is a serious violation of our rules & may result future banning from our events.

