



RACE APPLICATION



NORTH SHORE 5K/10K ENDURANCE SWIM

AUGUST 1ST 2026

SUNSET TO WAIMEA (5K) OR WAIMEA TO SUNSET & BACK (10K)

5K START: 8:30 AM; 10K START: 7:00 AM

- 5K COURSE: Starts at Sunset Beach & finishes at Waimea Bay. We will bus you to the start.
- 10K COURSE: Starts at Waimea Bay & goes to the turnaround at Sunset Beach & then back to Waimea for the finish.
- **IMPORTANT (10k ONLY):** You must show that you have completed a 2.3-mile swim in under 2 hours in the past 12 mos. to compete in this event. You must also have an escort for the 10K swim on a paddle-board, SUP or kayak with flotation device, whistle & cell phone (or marine vhf radio). A swim buoy is also acceptable if you cannot find an escort.
- EQUIPMENT: Swim caps are mandatory & will be provided if needed. No personal escorts for 5K swim. FINA open water swimsuit rules will be followed (<http://www.fina.org/content/fina-approved-swimwear>).
- DIVISIONS/AWARDS: 5K swim – Top 3 men & women overall. Top women & men in 5-year age groups (must be 16 years old to compete). 10K – 45 & under, 46 & over in both women & men.
- ENTRY FEE / DEADLINE: 5K Swim entry fee: \$110 includes t-shirt. 10K swim entry fee: \$140 includes t-shirt. Add \$15 for entries after July 27, 2026 or race day sign up (no guarantee of t-shirt for late entries).
- MAIL IN ENTRY: c/o Linda Moran 94-463 Alapine St. Waipahu, Hawaii 96797-4515 (**Checks payable to Waikiki Swim Club**).
- CHECK IN: 6:00am to 8:00am for 5K. 6:00am to 6:45am for 10K. Shuttle bus is for swimmers only. Last bus leaves Waimea at 8:05 am.
- IMPORTANT: Entries are non-refundable. We reserve the right to refuse service to anyone for any reason. No transfer of entry. There is a 2.5-hour time limit for the 5K race & a 4hr 15min time limit for the 10K race. Water Patrol has the right to pull you from the course if you are not making sufficient progress or if you are in danger or endangering another swimmer or water patrol. If you receive a ride in, you are a Did Not Finish or DNF. No exceptions.
- INFORMATION: northshore5kswim.com EMAIL: info@northshoreswimseries.com PHONE: 808-741-6075

LAST NAME				FIRST NAME		SEX	AGE	D.O.B.
S M L XL							(ON RACE DAY)	
SHIRT SIZE (SELECT ONE)				PHONE #		EMAIL		
EMERGENCY CONTACT:								
LAST NAME				FIRST NAME		PHONE #		

RACE WAIVER:

Release statement: I agree to comply with the rules, regulations, and event instructions of this event. I know that competing in an ocean swim race is hazardous; I am aware of and assume all risks with participating in this event. I understand that competing in the 2026 North Shore 5K/10K Swim could result in injury or death. I understand & release the North Shore Swim Series, sponsors, co-sponsors, & personnel of the North Shore 5K/10K Swim in the case that I catch any virus, variant of any virus, including 'COVID19' or its variants, illness or malady after participating in this event. I understand that I must abide by the rules of the North Shore 5K/10K Swim, obey water safety personnel, race officials and ocean safety officials of the State of Hawaii, City & County of Honolulu and the United States of America. In consideration of this application being accepted, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against race officials, volunteers, sponsors, including but not limited to: JJ 808 Enterprises, Eat Pono, Waikiki Swim Club, Triple Rush, Kokua Suncare, Water Patrol Inc., North Shore Lifeguard Association, OutriggerDuke Foundation, The City & County of Honolulu, State of Hawaii & the United States of America resulting from my involvement in this event. I agree not to transfer my entry or let another individual swim using my name/timing chip. Doing so may result in being banned from future North Shore Swim Series & or Waikiki Swim Club events. I agree to the use of my name, image or reproduction for broadcast, telecast, web, Internet, websites, advertisements, films, videotapes or any reproduction thereof. I understand there are NO REFUNDS, including refunds due to illness-related issues and or weather or surf-related cancellations, and that the North Shore Swim Series race officials reserve the right to refuse service to anyone, for any reason, and transfers of entries are forbidden without approval of race officials.

SIGNATURE (PARENT OR GUARDIAN SIGNATURE IF UNDER 18)

ENTRY FEES:

5k ☐	FIN DIV. ☐	FEE	\$110
10k ☐		FEE	\$140
Late Fee (AFTER 7/27/26)			\$15
Amount Enclosed		\$	
10K QUALIFIER:			
RACE NAME	DATE	TIME	