



RACE DAY NOTES

NORTH SHORE CHALLENGE SWIM



9:00AM

EHUKAI TO WAIMEA

2.3 MILE SWIM

- **Check-in and day-of-race entry:** at Waimea Bay Beach Park from **7:00am to 8:45am**
- **Parking:** Waimea Bay Beach Park (free but limited), Waimea Valley (\$10 before 8am), or St. Peter & Paul Church (\$10 cash suggested donation).
- **Check-in Process:** you will receive a timing chip (**PUT THIS ON YOUR ANKLE IMMEDIATELY**), a shirt if you pre-registered (late or same day registrations can pick up a shirt AFTER the race and are based on availability) and a swim cap. You can use your own cap, as long as it's a bright one! **You must swim with a cap! No exceptions.** After check-in get your race number body marked on your upper arm (this is a backup in case you lose your timing chip). Put **Kokua Sunscreen** on AFTER you get body marked!
- **Swimsuits:** Men: 'Speedo' style briefs or jammers (waist to knees). Women: One or two-piece shoulder to hip swimsuits (must not cover the shoulder). M & W: rash guards, leggings, full body lycra suits for sun protection are OK if they do not provide floatation. **No** tri-suits, speedsuits, neoprene suits or materials that add buoyancy are allowed.
- **Equipment:** Swim goggles, mask type goggles, dive masks and snorkels are allowed. **No** fins, hand paddles or full-face snorkel masks. Swim buoy floatation devices are OK, but they should be tethered close to your body so they do not interfere with fellow swimmers.
- **Shuttle Bus:** We will **bus you to the start** at Ehukai Beach starting at 7:20am. The last bus will depart at approx. 8:45am. Please do not wait until the last bus! Buses are for swimmers only. Please only take what you intend to swim with on the bus.
- **Race briefing:** will be at **8:50am** on Ehukai Beach. Be on the beach to hear the briefing and any last minute updates.
- **Start:** Single-Wave Race Start at **9:00am**.
- **Course:** Water Start lining up behind 2 orange buoys. This is a point-to-point course in which you'll swim west along the coastline from Ehukai to Waimea Bay. **Important:** once you pass Kulalua Point, do not exit at Three Tables. This is a common mistake. Continue swimming a little further until you reach Waimea Bay. As you approach the beach there will be a large triangle buoy. Pass this buoy on your LEFT shoulder. From there make your way up the beach and cross the timing mats to record your time. You will hear a loud "beep" indicating your time has registered. Lifeguards will be positioned near the finish if you need assistance up the beach.
- If you lose your timing chip, please let Scott at the 'Timeline Hawaii' tent know so that we may give you an estimated time based on the analog back up system. Be patient & polite with Scott as he will be super busy.
- **Swim with Aloha:** Aggressive swimming will not be tolerated!
- **Time Limit:** there is a 2 hour time limit for this swim. Swimmers not making sufficient progress will be pulled from the race course. If you receive assistance during the swim, you will not be eligible for a finish time. This is a 'did not finish' (DNF). Water Safety can decide to pull you from the water if you are not making sufficient progress or are a danger to another swimmer.

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- Reminder: Late entry shirts (if available) will be distributed after the race has concluded. Previous race shirts will be available for sale (\$10 each). 2025 shirts will also be available and ON SALE.
- Awards ceremony will begin as soon as results are tabulated.
- Results will be posted at TimeLineHawaii.com, NorthShoreSwimSeries.com & WaikikiSwimClub.org as soon as feasible.
- Mahalo to North Shore Soap Factory! They will be onsite giving away mini-soaps, so be sure to stop by their tent and say hello.

COURSE MAP:



MAHALO TO OUR SPONSORS:

